



Empower. Rehabilitate. Integrate.



ANNUAL REPORT 2025

Dear Friend,

As the days grow shorter and the nights longer, we are excited to share our light with you - a bright light generated by a full year of Beit Daniella's meaningful work and impact.

This year, we will highlight both our **outward reach** - the first year and future of our South Branch - and our **inward growth** - how we are building our capacity for greater impact and expansion. On a more personal level, we will also share an inspiring **story of courage and growth** from one of our teens, this time reflecting a population we have not previously highlighted: teens facing clinically significant emerging emotional-behavioral conditions.

We thank you, dear friends and partners, for fueling our fire, and we bless you to continue warming the hearts of the many teens teetering on the edge of life and death-and of their devoted families.

Happy Hanukkah!

Sarah Malka and Hadassa



In honor of Daniella's Yorzeit last year, our dedicated volunteers helped make our South Branch both functional and inviting to our teens! Thank you!

Looking forward to seeing you in Tzur Hadassah for more meaningful volunteering on Friday Dec. 26th- to celebrate Daniella's life and legacy on her 8th yahrzeit.

Go South!

This year we **doubled our capacity**... and we were able to reach an entirely new and underserved population through our South Branch. The trauma that our Southern teens have experienced before, during and after October 7th is deep and diverse- but thanks to Beit Daniella, it is being addressed, and healing is underway. Beginnings are never easy - it was especially challenging to recruit qualified staff and establish our presence in a brand - new region. In spite of all of that, we are proud to report that we are **at full capacity with a waiting list...** and even with an alumni group meeting weekly.



Inside... and Out!

A core part of Beit Daniella's mission is to **make youth mental health care accessible through Israel's public health system**. Our first major step toward this goal was receiving recognition from the Ministry of Health in 2022, which created treatment codes now available for mental health day treatment centers to open nationwide.

However, since the Ministry of Health functions strictly as a regulatory body, securing actual funding required three years of negotiations with Israel's health funds. We are proud to share that **this year we signed contracts with all four health funds. We are already receiving subsidies for teens insured by Leumit and Meuhedet**, with Maccabi and Clalit expected to follow soon. While these subsidies do not yet cover our full costs, they are essential for long - term sustainability and future expansion.

To meet the strict standards required by the health funds for confidentiality and data protection, Beit Daniella achieved ISO 27001 certification this year - the international standard for information security. In addition, we completed a comprehensive upgrade of our information systems and are now fully compliant with Israel's Privacy Protection Law.

Kudos to our talented, tech wizard **Aviva Miller** (who some of you may remember as our first social worker) who led this entire process with remarkable skill and dedication.



From the Field to the Forefront: Growing Leaders, Growing Impact

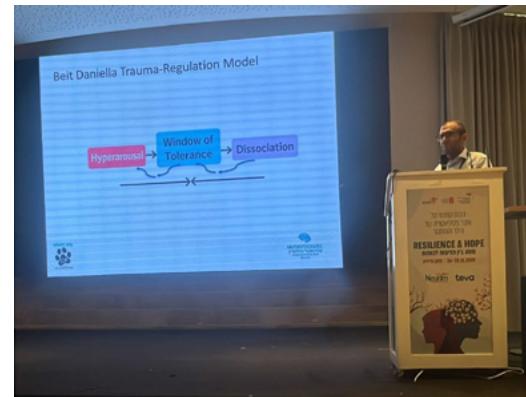


At Beit Daniella, we believe in **empowering people - our teens, their families, and our staff**. After four years as an outstanding Clinical Manager at our Tzur Hadassah branch, **Noa Sharama** has "graduated" to supervising clinical managers and teams at both of our branches. In addition, Noa is currently **documenting Beit Daniella's unique model and will serve as the lead contact for a research project in collaboration with Tel Aviv University**.

We believe that Beit Daniella's innovative model - integrating psychiatry and psychotherapy with nature, daily life, and family systems - has much to offer the broader mental health community. We are therefore taking our first steps to formally introduce this unique approach into the professional arena.

At the Annual Conference of the Israeli Association for Child and Adolescent Psychiatry.

Beit Daniella's psychiatrist, Dr. David Halperin, presented his unique findings from his clinical work at Beit Daniella on the subject of children of Olim



Early Intervention: Breakdown and Balance - M.'s Story

A baby orphaned of both parents, M was fostered by warm, working class kibbutznik parents. Surrounded by adoring siblings, he grew into a highly intelligent, driven young person - a true perfectionist. M. immersed himself in an elite high school program which was intense and demanding - his obsessive drive led him to push himself relentlessly to fit in where he could not. Inevitably, M. cracked, suffering a mental breakdown. He suffered a severe mental breakdown, began hearing voices and seeing things, and was overwhelmed by crippling anxiety and stopped sleeping. His parents took him to the emergency room where he was stabilized with psychiatric medications and sent for follow up with a psychiatrist in the community. Wait time for an appointment? A mere 8 months. Eventually, the local truant officer realized that M. was not in school... and recommended Beit Daniella.

To say that when M. entered Beit Daniella, everything changed would be farthest from the truth. In fact, his anxiety was sky high going into a new program and within his first month at Beit Daniella, he experienced his first psychotic episode. The cycle of anxiety and lack of sleep triggering mania and delusions, repeated itself.

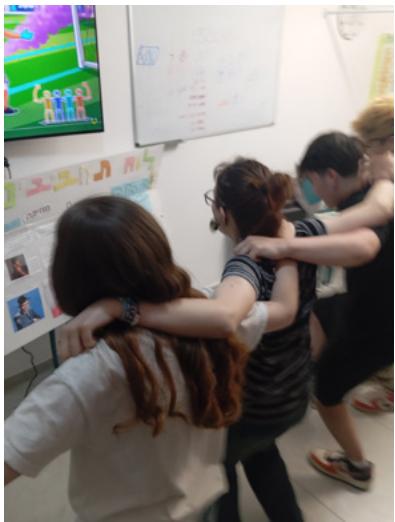
However, this time around, it was different.

Instead of crisis management alone, the episode became a learning opportunity. M. was guided to recognize his physical sensations, emotional patterns, and personal triggers - and to understand



when and how to reach out for help. This time the psychiatrist was not eight months away, but fully accessible and M.'s medications were adjusted immediately. In addition to meeting regularly with M. our psychiatrist made himself available by phone to the staff for real-time consultation and guidance. At the same time, M.'s parents and family were closely involved and educated about his condition, and they now play an essential role in both safeguarding and supporting his recovery.

Taking medications remains a major challenge for M. as he feels it dulls the sharpness of his mind, and he is highly ambitious. Still, he is slowly learning to understand, accept, and live with his condition. He



is developing the ability to distinguish between reality and delusion and has acquired practical tools to reduce his anxiety - he can often be found outside, dribbling a basketball to calm himself and stay grounded.

Though M.'s life may never be easy, the early intervention provided by Beit Daniella saved and safeguarded him - and has set him on a path toward a more manageable life, with a real and hopeful future ahead.

